Spice & Ginger

discovering food stories

Comfort food and Cornwall

Inspiration for cozy evenings and coastal trips

As autumn settles in, I enjoy cooking with comforting flavors like cinnamon and chestnuts — perfect for this season. My recent trip to Southwest England brought even more inspiration, especially after tasting the best chicken wings ever in Padstow. Beyond its delicious cuisine, the Cornwall region has much more to offer, so keep reading as I share some of my favorite places.

Recipes

Autumn has a way of making us crave warm, comforting food — a feeling that inspired me to create these recipes. Learn how to make your own unique pumpkin spice blend to elevate your favorite pumpkin dishes, or lace up your boots for a chestnut hunt in the woods. Finally, discover the secret ingredient to make the most delicious chicken wings. Enjoy!

Homemade pumpkin spice

Cuddle up by the fireplace with a cozy pumpkin spiced latte, or share a slice of homemade pumpkin pie with your loved ones. Learn how to create your own perfect pumpkin spice blend.

Pumpkin spice

Pumpkin-spiced gnocchi with crispy sage

Incorporate your homemade pumpkin spice blend into this gnocchi dish — an autumn recipe sure to impress your friends.

Pumpkin gnocchi

Roasting chestnuts on the BBQ

It's the perfect season to head into the woods and collect chestnuts. Roasting them is incredibly easy, and I love doing it on the barbecue for that extra smoky flavor! Check out my guide on how to pick and prepare them for a delicious autumn treat.

Roasted chestnuts

Sticky chicken wings with Pedro Ximénez

These chicken wings are the perfect blend of spicy heat and sweet flavor. The rich, syrupy Spanish wine glaze adds a deep sweetness that takes them to the next level of deliciousness. Trust me, once you try them, you won't be able to stop!

Sticky chicken wings

Travel stories

We recently went on a trip to Cornwall in the southwestern tip of England and it's truly a special place. It has something for everyone, from dazzling cliffs and endless beaches to pub grub and haute cuisine, and I'll tell you all about it in my blogs.

Picturesque and rugged Cornwall

Join me as I uncover hidden gems along the south coast of Cornwall, from quirky round cottages to a memorable trip aboard a traditional fishing boat.

The south coast

From Portreath to Padstow

A trip along Cornwall's windswept north coast, with its deserted beaches and dramatic cliffs, ending in a lively fishing town with a fantastic culinary scene.

The north coast

Eat and sleep in Cornwall

Aside from the stunning natural scenery, Cornwall is a true foodie paradise. Some famous chefs made their mark in the local culinary scene, inspiring others to follow their example. If you're thinking about visiting this place, check out my blog — I'll share where we had some unforgettable local dishes, and where we enjoyed a good night's sleep, waking up to an incredible breakfast.

My recommendations

Stay up to date!

Go check out all of my travel and food stories on the website, or follow Spice&Ginger on social media.

Good travels!

Check out Spice&Ginger

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