Spice & Ginger
discovering food stories

A French taste of new food discoveries

Explore Paris and the French cuisine

Exciting news for all lovers of French culture! I've shared a collection of new blog posts dedicated to Paris, along with a selection of delectable French recipes.
Consider this newsletter a taste of what's to come, with an even more extensive French experience waiting for you on our website.

So, stay curious and stay hungry – our delightful journey is far from over!

Recipes

Embrace the approaching autumn season with these comforting French recipes! Elevate your salads with my homemade French Dijon mustard vinaigrette or relish steamed leeks paired with gribiche sauce for a delightful lunch. Impress your loved ones with a delicious gratin dauphinois or juicy duck breast with roasted figs for a memorable dinner. Bon appétit!

Gratin dauphinois

Gratin dauphinois, a French classic, showcases the power of simple, quality ingredients. With my recipe and tips, you'll soon be treating family and friends to a delicious meal.

Gratin dauphinois

Duck breast with roasted figs

It's fig season with a range of colors, but I adore sweet, roasted purple figs. Join me in my blog for a juicy duck breast and flavorful fig dish. Delish!

Duck breast

Dijon mustard from Paris

Follow me to Paris, where the house of Maille will let you taste the most delicious Dijon mustard in all its varieties. And make a delicious salad using my French mustard vinaigrette recipe!

Dijon mustard

Steamed leeks with gribiche sauce

I found a delightful zesty condiment, sauce gribiche, in Auguste Escoffier's Le Guide Culinaire. Try it out! It will surely become a classic in your kitchen, too.

Steamed leeks

Travel articles

Prepare for your upcoming Parisian adventure with my recommendations for restaurants, hotels, and shops. Explore Saint-Germain-des-Prés, uncover the treasures of Les Halles, and savor the amazing cuisine at Le Train Bleu!

Parisian hotels, restaurants and shops

Paris is undeniably one of the world's most beautiful cities. I never miss a chance to visit and have compiled a list of favorite places I revisit for dining, shopping, and relaxation.

Plan your Parisian trip

Strolling through Saint-Germain-des-Prés

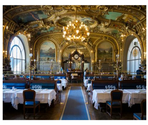
Saint-Germain-des-Prés is a trendy neighborhood with chic shops, bars, restaurants, and art galleries. Stroll through its romantic streets and squares to experience stylish luxury, evoking the spirit of the Rive Gauche.

Discover the neighborhood

A day at Les Halles

Emile Zola dubbed les Halles the "belly of Paris," where meat and veggies traded for 800 years. Exploring the charming 1st arrondissement, I begin at Place des Victoires, seeking hidden gems.

Spend a day at Les Halles



Le Train Bleu and Michel Rostang

As you step into the Gare de Lyon, nothing suggests that in the heart of the busy train station lies a jewel of the Belle Époque. None other than star chef Michel Rostang adapted the signature recipes of this gastronomic monument of Paris.

Have a taste of Le Train Bleu

Stay up to date!

Go check out all of our travel and food stories on the brand new website, or follow Spice&Ginger on social media.

Good travels!

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